



## College of Liberal Arts and Education

# Physical Education and Health

### Professional Preparation

Programs in the School of Education build on the theme “Best Practices Make the Difference.” The School of Education prepares teachers who can demonstrate the knowledge, skills, and dispositions to be effective, reflective practitioners. Education programs are designed to develop communication skills, knowledge of content and how to teach that content, and human relations. Teacher candidates must demonstrate that they have these competencies.

### A Proud Tradition

The University of Wisconsin-Platteville has been preparing teachers since 1866 and was the first normal school in the state. The school takes great pride in this tradition and is committed to the continuation of quality in its educational offerings and programs.

### Physical Education, Health Education, and Health Promotion

The variety of programs available in health and physical education offers students emphases in a number of areas. The traditional preparations for teaching and coaching are supported by offerings in adaptive physical education, athletic training and internships in the YWCA and YMCA, youth clubs and corporate/club fitness centers.

### Degrees Offered

The Bachelor of Science degree in physical education provides excellent preparation for teaching and coaching. Teaching licensure covers birth to age 21. The health promotion emphasis prepares students for employment in fitness centers, and YWCA/YMCA-type programs.

### Faculty

Eighteen faculty and staff members provide varied and extensive backgrounds of training, teaching and coaching experience. Their experience spans years of responsibilities in both teaching and coaching in public and private schools and institutions of higher learning. Nine faculty advisors work closely with students on class scheduling and provide counseling to assist with a variety of professional and personal decisions.

### Facilities

Williams Fieldhouse is home to the health and physical education program and the department of intercollegiate athletics. The fieldhouse provides seven basketball courts, eight volleyball courts, six indoor tennis courts, racquetball courts, a weight room, a pool, an indoor track, a fitness lab, and a dance studio, plus offices and classrooms. An outdoor complex contains an eight-lane track, the Kendall Murray baseball field, six intramural fields and Ralph Davis Stadium, which seats 10,000 spectators. These facilities enhance extensive physical education, intramural, recreation, and athletic programs for both men and women.

### Tell me I will listen - Show me I will understand - Involve me and I will learn

The Health Promotion and Physical Education Majors Club (HPE) is an opportunity for students to engage in professional and social growth activities. Students are encouraged to volunteer for work at athletic contests, intern as coaches or student assistants in area school district athletic programs, and participate in service learning opportunities. Students are also given opportunities to attend and encouraged to present at State, Regional and National Education conventions.

### Intramural, Recreational and Special Programs

Intramural sports at the University of Wisconsin-Platteville is recognized as an integral part of the students' education. The combination of concentrated academic study and intramural sports participation affords the opportunity for all students to better their professional training and enrich their recreational interests and abilities. The programs offered deal with team and individual sports to meet present interests and future needs. The leagues vary from the highly competitive league to the recreational league where fun and entertainment are the important ingredients.

### Employment Opportunities

Faculty advisors track current opportunities and employment trends in all teaching areas. Graduating students with good credentials who are willing to relocate should find a number of suitable teaching positions. Supply, demand, and salary vary by region and state. Past graduates are employed throughout Wisconsin, in other states and around the world.

### For More Information

For more information, write the  
Program Coordinator, Physical Education and Health  
University of Wisconsin-Platteville  
1 University Plaza  
Platteville, WI 53818-3099  
You may also call 608.342.1573 for information or check out our website at [www.uwplatt.edu/lae/edu.html](http://www.uwplatt.edu/lae/edu.html)  
For general information on UW-Platteville and its programs, write the

Office of Admission and Enrollment Management  
University of Wisconsin-Platteville  
1 University Plaza  
Platteville, WI 53818-3099

## Suggested Course of Study

### Physical Education Major - Teacher Education Emphasis

#### First Year

##### First Semester

Eng 1130	English Composition I	3
PE 2320	Intro to PE/HP (5)	2
PE 2330	Adventure Ed (5)	2
PE 2030	Health Education	2
Math (1630 up)	General Ed. Req	3
FA	Art/Music/Theater	3
<b>Total Credits</b>		<b>15</b>

##### Second Semester

Eng 1230	Comp II	3
Geog 1040	Planet Earth	4
Psych 1130	Gen. Psych	3
PE 2080	Movement Ed	2
PE 2430	Ad Ed Practicum (5)	3
Tchg 2010	Computer App. In Ed	1
<b>Total Credits</b>		<b>16</b>

#### Second Year

##### First Semester

Bio 2340	Essentials of A&P	4
Eng 1330	Intro to Literature	3
Hist 1020	World Civ II (I)	3
Psych 3130	Child or 3230 Adoles	3
PE 2020	First Aid	2
PE 2410	Team Sports (5)	2
<b>Total Credits</b>		<b>17</b>

#### Second Semester

PE 3720	Kinesiology	3
PE 2510	Individual Sports (5)	2
PE 3830	Perceptual M/L	2
PE 3850	Nutrition	2
Spch 1010	Public Speaking	2
Tchg 3630	E/G Equity in Ed	3
Second HUM FA/HP		3
<b>Total Credits</b>		<b>17</b>

#### Third Year

##### First Semester

PE 3020	Physiology of Exercise	3
PE 3330	Lifetime Activities (5)	2
PE 3440	EI/Middle Methods	2
PE 3500	Methods of Teach HE (15)	3
PE 3430	Teach Child H/PE	3
Polsci 1230	Intro to Amer Gov	3
<b>Total Credits</b>		<b>16</b>

##### Second Semester

PE 3220	Teach Sexuality & Drug Ed	2
PE 3510	Assess/Screen HPE (5)	2
PE 3400	Outdoor Activities/WSI	2
PE 3040	Adapted Aquatics	2
PE 4520	Injury Prevention	2
PE 4230	M/Sec PE Methods (15)	3
PE 4940	Seminar in C/E Health	3
<b>Total Credits</b>		<b>16</b>

#### Fourth Year

##### First Semester

PE 3920	Emotional Health	2
PE 4320	Consumer Health	2
PE 4330	Org. Adm and Curr of PE/HE	4
PE 4530	Practicum in Adapted PE (30)	3
PE 3010	Technology in HPE	2
PE-Elective	3000 level or above (2-3 cr)	2
<b>Total Credits</b>		<b>15</b>

##### Second Semester

Tchg 4990	Licensure Portfolio	3
Tchg 4660	B-21 St. Teaching	6
Tchg 4660	B-21 St. Teaching	6
<b>Total Credits</b>		<b>15</b>

Total credits for Physical Education Major/Teacher Education Emphasis - 127 plus 8 credits foreign language = 135 TOTAL

### Physical Education Major - Health Promotions Emphasis

#### First Year

##### First Semester

Eng 1130	English Composition I	3
PE 2320	Intro to Health Promotions	2
PE 2030	Health Education	2
PE 2020	First Aid	2
Math (1630 up)	General Ed. Req	3
Art 2430	Art or Music 1230 or Theater 1130	3
<b>Total Credits</b>		<b>15</b>

##### Second Semester

Eng 1230	English Comp II	3
Geog 1040	Planet Earth	4
Psych 1130	General Psychology	3
Spch 1010	Public Speaking	2
*BusAd2630	Introduction to Marketing	3
<b>Total Credits</b>		<b>15</b>

#### Second Year

##### First Semester

Bio 2340	Esst. of Anatomy & Phys.	4
PE 4320	Consumer Health	2
Hist 1020	World Civilization II (I)	3
PE 3850	Nutrition	2
Eng 1330	Introduction to Literature	3
<b>Total Credits</b>		<b>14</b>

#### Second Semester

PE 3020	Physiology of Exercise	3
PE 3420	Health Promotion @ W.S.	2
PE 2010	Aerobic/Hydro	1
PE 3400	Outdoor Activities/WSI	2
Polisci 1230	Intro to American Govt.	3
*BusAd2330	Leadership & Management (Prerequisite for Bus 3340)	3
<b>Total Credits</b>		<b>14</b>

#### Third Year

##### First Semester

PE 3330	Lifetime Activities	2
PE 3720	Kinesiology	3
PE-Elective	3000 level or above	2
PE 3360	Fitness Evaluation	1
PE 3500	Methods of Teaching HE	2
*BusAd3340	Manage, Gender, Race (EGS)	3
<b>Total Credits</b>		<b>13</b>

##### Second Semester

PE 4520	Injury Prevention	2
PE 3380	Fit Program & Prescript	2
PE 2510	Individual Sports	2
PE-Elective	PE-3000 level or above	2
Psych 2030	Psych of Personal Adjust	3
Second Humanities	for depth requirement	3
<b>Total Credits</b>		<b>14</b>

#### Fourth Year

##### First Semester

PE 4850	<b>Fitness Intern I</b>	3
PE 4620	Advanced Athletic Training	2
PE 3120	Stress Management @ W.S.	3
PE 4330	Org. Adm & Curr of PE/HE	4
PE 1000	Fitness Assessment	1
<b>Total Credits</b>		<b>13</b>

##### Second Semester

PE 4860	<b>Fitness Intern II</b>	3
PE-Elective	3000 level or above	2
PE 4410	Seminar in Health Promotion	3
Comm 3010	Business Communication OR	3
Teac 2010	Intro to Computer Apps. &	1
Teac 4020	Educational Media	2
CLASS OF INTEREST		2 or 3
<b>Total Credits</b>		<b>13-14</b>

#### Fall, Spring or Summer Off-Campus Internship III

PE 4870	<b>Fitness Internship (off campus)</b>	<b>12</b>
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Total credits for Physical Education Major/Health Promotions Emphasis - 123 plus 8 credits foreign language = 131 TOTAL

The University of Wisconsin-Platteville does not discriminate on the basis of age, race, creed, color, handicap, sex, sexual orientation, developmental disability, national origin, ancestry, marital status, arrest record or conviction record.